



# SUPPORTIVE SUPERVISION REPORT

DISTRICT POONCH & RAJOURI



**Office of the Mission Director  
NHM, J&K**

## INTRODUCTION

Ministry of Health & Family Welfare, Government of India while approving the State Programme Implementation Plan makes it mandatory to adhere with certain key conditionalities. One among these conditionalities being Supportive Supervision through monitoring and evaluation of NHM Programmes & Schemes by officials of State Health Society on regular basis. The current exercise has been undertaken in district Poonch & Rajouri of Jammu & Kashmir.

**Duration of visit:** 10-02-2016 to 13-02-2016

## TEAM MEMBERS

### State NHM Official:

Dr. Irfan Suhail Shah	APM, Maternal Health(MH) SHS, NHM J&K, NHM
Shahnaz Shah	APM, Rastriya Kishor Swasthya Karyakram(RKSK) SHS, NHM J&K

## HEALTH INSTITUTION VISITED

District	Name of the Facility/Sites	Date of visit
Poonch	District Hospital Poonch	10-02-2016
	CHC Surankote	10-02-2016
	CHC Mendhar	11-02-2016

District	Name of the Facility/Sites	Date of visit
Rajouri	District Hospital Rajouri	12-02-2016
	CHC Thanamandi	12-02-2016
	CHC Nowshera	13-02-2016
	CHC Sunderbani	13-02-2016



## **OBSERVATION ON DIFFERENT HEALTH FACILITY VISITS AT DISTRICT POONCH**



**DISTRICT HOSPITAL  
CHC MENDHAR  
CHC SURANKOTE**

# MAJOR OBSERVATION AT DISTRICT HOSPITAL POONCH

## Labour room



- Labour room was not properly clean, as there was stinking smell due to wet cleaning mobs were lying there.
- No color coded bin was available there.
- A Normal Delivery was conducted at the time of visit and the IUD baby was wrapped in a towel and kept on dressing trolley.
- NBCC is functional but the Staff Nurse posted in LR is not trained in operating the Radiant warmer.
- Foetal Doppler is not available in LR at DH Poonch.
- Weighing machine found functional.
- Suction machine, bag and mask are found functional.
- Partographs are not plotted.
- NBCC was in place.

- There is no provision of slippers in the labour room and even the instruments are not well organized in LR.
- All equipments and consumables (Oxygen source, bags and masks, radiant warmer, mucous extractor, thermometer) are available.
- Early initiation of breastfeeding practice and skin to skin contact is being promoted.
- Birth dose Vaccination is being given within 24 hours of birth.
- Privacy not maintained inside the labour room.
- Essential Medicine like Injection Oxytocin, tablet Misoprostol, Antihypertensive & Inj. Magnesium Sulphate are available in the LR.
- Mothers are staying 48hrs after delivery.

## Ante Natal Care:

- MCP Cards are available at the facility and PW were carrying the MCP card during their ANC checkup.
- There is an adequate space for ANC at the facility.
- Blood Pressure was properly measured during ANC visits.



- Appropriate management /referral of high risk PW are identified on basis of High BP/Blood Sugar & Hemoglobin.
- Family planning counselling is done during ANC visits.
- Record of anemic Mothers was properly recorded in ANC register.
- Line listing of severe anemic mother was maintained properly at facility.
- BP apparatus was properly functional in ANC room.
- Routine Blood tests are being done to the Beneficiary during their ANC checkup as per their requirement

### **SNCU:**

- 12 bedded SNCU is fully functional with an average monthly load of 50-60 admissions.
- SNCU is well managed by MOs, SNs/FMPHW and is fully equipped.
- At the time of visit 5 babies were admitted in SNCU.
- It has well displayed protocols for management of various neonatal complications.
- Rational use of antibiotic policy is well displayed in it.
- SNCU records are well maintained.

### **Immunization Service:**

- Separate room for vaccination has been established.
- Temperature recording of ILR and DF is done on daily basis.
- Vaccination is being provided to all children's properly.
- Two ILRs & Deep Freezers are functional at facility.
- Records of vaccination are being done.

### **Laboratory service:**

- Blood grouping, Complete Blood Count test, HIV screening, Hepatitis B screening, Blood sugar, urine albumin tests are being done in facility. All tests are free for PW as per JSSK.

### **Blood Bank:**

- Functional blood bank is available with a storage limit of 50-60 units available in facility.
- 2 functional blood storage refrigerators are available with proper labeling of blood group.
- Blood collection unit is clean and well maintained.

### **Family Planning:**

- PPIUCD insertion is not being carried out properly although, 3 persons out of 2 Gynecologist and 1 SN are trained in the same.

### **JSSK Status:**

- All laboratory services were given free to all PW.
- Mother Beneficiary are given free diet in the facility.
- Free medication was given properly to all Beneficiaries.

- Diet chart is present in canteen of the facility.

### IEC Displayed:

- JSSK and JSY entitlement posters are available in the hospital premises.
- Labour room protocol poster was available but not in organized manner.
- ASHA Incentives are displayed in the Hospital premises.
- RMNCH+A 5X5 matrix were displayed in the facility.

### RKSK:

#### Adolescent friendly health Clinic



- There is no mention of the AFHC in the Citizen Charter or in the facility.
- It is located away from the OPD/ Labour room or any other crowded place.
- The clinic does not have dedicated space for two people.
- The consultation room does not

have privacy, because they have to share the room with ICTC counsellors.

- The clinic is not fully functional.
- The equipments and commodities are not present in the clinic.
- IEC material is not available in the AFHC.
- No signs or direction to locate the said Clinic.
- The Registers are properly maintained.

# MAJOR OBSERVATION AT CHC SURANKOTE

## Infrastructure:

- CHC Surankote is a functional FRU and is being run in govt. building.
- Biomedical waste management is poor.
- Blood Storage Unit (**BSU**) is sanctioned for the CHC but is yet to be established.

## Labour room:

- Labour room was clean with two Labour tables in facility.
- There is a provision for separate post natal ward at facility.
- Color coded bins were available inside the LR.
- NBCC is functional and well equipped
- Privacy in LR is maintained.
- Instrument like Autoclave/Boiler are available in LR.
- Availability of Oxygen supply (Cylinder) at facility.
- Slippers are available in the Labour Room.
- New born weighing scale is available & functional.
- Labour room protocol posters are not displayed properly.
- Functional Bag & Mask is available

## Availability of drugs and consumable:

- Medicine like Inj. Dexamethasone, Antihypertensive drugs, Tablet Misoprostol, Oxytocin are available.
- Inj. Vit K, ORS, Zinc are available at the facility
- IV Fluids available in the LR
- Inj. Vitamin K-1gm is given to all New born babies after delivery.
- Birth dose vaccine like OPV, BCG, and HEP.B is given to all babies before discharge from facility.
- Antibiotics as per RMNCH+A 5\*5 matrices were found in the facility
- IV Sets & other consumables were found in the facility

## Ante Natal Care:

- Separate room for ANC is available in facility.
- The standard register for ANC is not properly recorded.
- All the routine tests are being done for all the ANCs.
- MCP Cards were available at the facility.
- Details of anemic Mothers were not properly recorded by the Staff Nurse in ANC register.
- Appropriate management /referral of high risk PW are identified on basis of High BP/Blood Sugar & Hemoglobin.
- Family planning counselling is done during ANC visits
- Record of anemic Mothers was not properly recorded in ANC register.

- Line listing of severe anemic mother is not monitored properly at facility.

### **Intra-partum Care:**

- Partograph is not being followed at the facility
- Fetal Heart Rate (FHS) is being recorded by Stethoscope as there is no availability of Fetal Doppler in the facility.
- Blood Pressure and Temperature of PW is being recorded at the time of admission.
- Oxytocin or Misoprostol given to Mother immediately after birth of baby.
- Partograph used to monitor progress of Labor are not plotted.

### **Laboratory service:**

- All desired Blood tests like Hb%, CBC, HIV, Blood grouping etc. are being done in the facility
- All ANC tests are free for pregnant women
- Segregation of Laboratory wastage not done properly.

### **Displaying of IEC materials under different scheme of NHM:**

- JSY&JSSK and ASHA entitlements posters /Banners are found in the facility premises.
- There is no diet chart available at the facility.

### **Adolescent friendly health Clinic**

- AFHC is not mentioned in citizen Charter.
- The clinic is located near to OPD.
- The clinic does not have dedicated space for two people.
- The consultation room does not have privacy.
- Only few of the equipment are available at the clinic.
- IEC material is not available.
- Two AFH counsellors are appointed and trained.



# MAJOR OBSERVATION AT CHC MENDHAR

## Labour room:

- Labour room has ample space with one Labour table available and has attached toilet.
- There is a provision for separate post natal ward at facility.
- For BMW, Color coded bins were available in LR.
- NBCC is functional and Staff Nurses posted in LR are well trained in operating the Radiant warmer.
- Privacy in LR is maintained.
- Instrument like Autoclave/Boiler are available in LR.
- Availability of Oxygen supply (Cylinder) at facility.
- Slippers are available in the Labour Room.
- New born weighing scale is available & functional.
- Functional Bag & Mask is available
- Labour room protocol posters are displayed properly.



## Availability of drugs and consumable:

- Drugs like Inj. Oxytocin, tablet Misoprostol, Inj. Dexamethasone, Antihypertensive drugs, IV Fluids etc. are available.
- Antibiotics as per RMNCH+A 5\*5 matrix is also available in the facility
- Inj. Vit K is available at the facility and is given to all the newborns at the time of Delivery.
- Birth dose of BCG, OPV and HEP. B is given to New born babies before their discharge from the Hospital.

## Displaying of IEC materials under different scheme of NHM:

- JSY&JSSK entitlements posters /Banners are present in the facility premises
- There is no diet chart available at the facility
- Essential drug list not displayed at the facility

## Ante Natal Care:

- Separate room for ANC is available in the facility.
- All the routine tests are being done for all the ANCs.
- MCP Cards were available at the facility.
- Details of anemic Mothers were not properly recorded by the Staff Nurse in ANC register.
- Appropriate management /referral of high risk PW are identified on basis of High BP/Blood Sugar & Hemoglobin.
- Family planning counselling is done during ANC visits

## Adolescent friendly health Clinic

- AFHC is not mentioned in citizen Charter.
- The clinic was located away from the OPD.
- The clinic has dedicated space for two people.
- The consultation room does not have privacy. When enquired about this with AFH Counsellors they said if female counsellor have to counsel the client the other counterpart leaves the room and wait till the counselling is completed, as there is no partition in between.
- Only few of the equipment are available at the clinic.
- IEC material is not available.
- Two AFH counsellors are appointed and trained.
- Only few of the registers are allocated to them

## Glimpses of findings



# **OBSERVATION ON DIFFERENT HEALTH FACILITY VISITS AT DISTRICT RAJOURI**



**District Hospital**  
**CHC Nowshera**  
**CHC Thannamandi**  
**CHC Sundarbani**

# MAJOR OBSERVATION AT DISTRICT HOSPITAL RAJOURI

## Labour room:



- Labour room is well equipped and has NBCC established in it.
- Labor tables do not have steps which may put PW in risk and Macintosh was not placed over the labour table
- Toilet of LR is used as common toilet.
- For BMW, Color coded bins were available in LR, but are in haphazard position with no poly-bags inside.
- Sterile pads are available in LR
- Instruments like Autoclave/Boiler are available in LR.

- Availability of Oxygen supply (Cylinder) is present in LR.
- Essential Medicine like Injection Oxytocin, tablet Misoprostol, Antihypertensive & Inj. Magnesium Sulphate are available in the LR.
- Mothers are staying 48hrs after delivery.
- Slippers are not available in the Labour Room.
- Inj. Vitamin K-1gm is given to all new born babies after delivery.
- New born weighing scale is present in LR and is functional
- Labour room protocol posters are displayed properly
- Newborn care corner is adequately equipped by (Oxygen source, bags and masks, radiant warmer, mucous extractor, thermometer).

## Availability of drugs and consumable

- Medicine like Inj. Dexamethasone, Antihypertensive drugs, Mifepristone & Misoprostol, Oxytocin is available.
- Inj. Vit K, ORS, Zinc are available at the facility
- IV Fluids available in the Facility
- Birth dose vaccine like OPV, BCG, and HEP.B is given to all babies before discharge from facility.
- Antibiotics as per RMNCH+A 5\*5 matrices were found in the facility
- IV Sets & other consumables were found in the facility
- Inj. TT is available in facility



- Tab. IFA is given to the Mother Beneficiary as per requirement.
- Stock register was available in the drug store of the facility.

### Ante Natal Care:

- MCP Cards are available at the facility and PW were carrying the MCP card during their ANC checkup.
- There is an adequate space for ANC at the facility.
- Blood Pressure was properly measured during ANC visits.
- Appropriate management /referral of high risk PW are identified on basis of High BP/Blood Sugar & Hemoglobin.
- Family planning counselling is done during ANC visits.
- Record of anemic Mothers was properly recorded in ANC register.
- Line listing of severe anemic mother was maintained properly at facility.
- BP apparatus was properly functional in ANC room.
- Routine Blood tests are being done to the Beneficiary during their ANC checkup as per their requirement.

### Intra-partum and Immediate Post-Partum practices:

- Fetal Heart Rate (FHS) is being recorded properly at the time of admission.
- Antenatal corticosteroids are used for preterm labor.
- Mother's Blood Pressure and Temperature is being recorded at the time of admission.
- Oxytocin or Misoprostol given to Mother immediately after birth of baby.
- Magnesium Sulphate is used to manage severe Pre-eclampsia and Eclampsia cases
- Partograph for monitoring the progress of labor are not plotted.

### SNCU:



- 10 bedded SNCU is functional with an average monthly load of 65 newborns.
- SNCU is well managed by MOs, SNs/FMPHW and is fully equipped.
- At the time of visit 3 babies were admitted in SNCU.
- Early initiation of breastfeeding practice and skin to skin contact is being promoted.
- Birth dose Vaccination is being given to all New Born babies before discharge

- It has well displayed protocols for management of various neonatal complications
- Rational use of antibiotic policy is well displayed in it.
- SNCU records are well maintained.
-

### **Laboratory service:**

- Hb%, Blood grouping tests are being done at this facility
- All ANC tests are free for pregnant women

### **Cold Chain maintenance:**

- Vaccination done at facility. Vaccines are carried from DH in vaccine carriers on due dates.
- Proper line listing of immunization.

### **Displaying of IEC materials under different scheme of NHM:**

- JSY&JSSK entitlements posters /Banners are not found in the facility premises
- There is no diet chart available at the facility
- Essential drug list not displayed at the facility
- JSY and JSSK protocols displayed at facility

### **AFHC**

- There is no mention of the AFHC in the Citizen Charter or in the Facility.
- It is located away from the OPD/ Labour room or any other crowded place.
- The clinic has dedicated space for two people, but without screen or partition is not done to have privacy while doing counselling.
- The clinics will be functional for six dedicated days.
- IEC material is not available in the AFHC.
- No sings or direction to locate the said Clinic.
- The Registers are properly maintained.
- The clinic board is not upgraded, it is still called ARSH clinic.

# MAJOR OBSERVATION AT CHC THANAMANDI

## Brief Profile



- There is an issue whether the facility is CHC or PHC as the local public and even the facility staff is in confusion.
- PHC Thannamandi has been upgraded as CHC, but there is shortage of Medical Officers & Specialists as a result of which there is no C-section being conducted & most of the deliveries are getting referred to DH Rajouri.

## Service delivery status in the month of January'16:

- Total number of Normal deliveries is 18.
- No C-Section is being done as there is shortage of manpower.
- Number of OPD per day is 200.

## Labour room:

- Condition of labour room was very poor and unhygienic. One Labour table is available.
- There is no provision for separate post natal ward at facility.
- Color coded bins are not available inside the LR.
- NBCC is not functional.
- Privacy in LR is maintained.
- Instrument like Autoclave/Boiler was not placed properly.
- Availability of Oxygen supply (Cylinder) at facility.
- Slippers are not available in the Labour Room.
- New born weighing scale is available & functional.
- Labour room protocol posters are not displayed properly.



## Availability of drugs and consumable:

- Medicine like Inj. Dexamethasone, Antihypertensive drugs, Misoprostol, Oxytocin is available.
- Inj. Vit K, ORS, are available at the facility
- IV Fluids available in the Facility
- Birth dose vaccine like OPV, BCG, and Hep B is given to all babies before discharge from facility.
- Antibiotics as per RMNCH+A 5\*5 matrices were found in the facility
- IV Sets & other consumables were found in the facility

- Inj. TT is available in facility
- Tab. IFA is given to the Mother Beneficiary as per requirement.
- Stock register was not available at the time of visit.

### **SNCU:**

- Six bedded SNCU is established their but not in working condition.

### **Displaying of IEC materials under different scheme of NHM:**

- JSY&JSSK and ASHA entitlements posters /Banners was not found at the time of visit
- There is no diet chart available at the facility.
- No sign boards are available.

### **AFHC**

- AFHC Clinic is not established, as there is some issues regarding the space.



# MAJOR OBSERVATION AT CHC NOWSHERA

## Brief Profile:

- CHC Nowshera is working as an FRU and is being run in govt. building and new building is in construction in the premises.
- Biomedical waste management is poor and there is no proper segregation of biomedical waste.



- C-sections are conducted at the facility and the incentives available under JSY and JSSK are provided to the Beneficiaries.

## Labour room:

- Labour room is well maintained along with labour room protocols and has attached toilet.
- NBCC is well maintained in the labour room Labour room was clean.
- There is a provision for separate post natal ward at facility.
- Color coded bins were properly placed out in LR.
- Privacy in LR is maintained.
- Instrument like Autoclave/Boiler are available in LR.
- Availability of Oxygen supply (Cylinder) at facility.
- Slippers are available in the Labour Room.
- New born weighing scale is available & functional.
- Mucus Extractor is available in LR.

## Availability of drugs and consumable:

- Medicine like Inj. Dexamethasone, Antihypertensive drugs, Magnesium Sulfate, Mifepristone & Misoprostol, Oxytocin is available.
- Tab. IFA is given to the Mother Beneficiary as per requirement.
- Inj. Vit K, ORS, Zinc are available at the facility
- IV Fluids available in the Facility
- Birth dose vaccine like OPV, BCG, and HEP.B is given to all babies before discharge from facility.
- Antibiotics as per RMNCH+A 5\*5 matrices were found in the facility
- IV Sets & other consumables were found in the facility
- Inj. TT is available in facility

## Displaying of IEC materials under different scheme of NHM:



- JSY&JSSK entitlements posters /Banners are found in the facility premises.
- Diet chart is placed at the facility.

## AHFC:

- There is no mention of the AFHC in the Citizen Charter or in the Facility.
- It is located away from the OPD/ Labour room or any other crowded place.
- The clinic does not have dedicated space for two people.
- The clinics will be functional for six dedicated days.
- Clinic times are from 10 A.M in morning to 4 P.M.in the evening.
- The equipments and commodities are not present in the clinic.
- IEC material is not available in the AFHC.
- No sings or direction to locate the said Clinic.
- The Registers are properly maintained.
- The clinic board is not upgraded, it is still called ARSH clinic.
- Teenage pregnancy has been done at the facility.

# MAJOR OBSERVATION AT CHC SUNDERBANI

## Brief Profile

- CHC Sunderbani is working as an FRU and is being run in govt. building.
- Biomedical waste management is poor and there is no proper segregation of biomedical waste.

## Data of previous month in Facility

- In last month, CHC Sunderbani has conducted a total of 123 deliveries, out of which 114 was normal deliveries and 9 are C-Sections. 105 Pregnant women have been referred to higher institutions. During the same period, 10 IUCD insertions; 57 Tubectomies have been done.
- Live births of previous month are 121
- Total No. of OPD last month was 8998 approx.
- Number of IPD per day is 670 approx.

## Labour room:

- Labour room is well maintained along with labour room protocols,
- There is a provision for separate post natal ward at facility.
- New born weighing scale is available & functional.
- Mucus Extractor is available in LR.
- Color coded bins were properly placed out in LR.
- Privacy in LR is maintained.
- Foetoscope/ Doppler was not present in LR at the time of visit.
- Instrument like Autoclave/Boiler are available in LR.
- Availability of Oxygen supply (Cylinder) at facility.
- Slippers are available in the Labour Room.

## Availability of drugs and consumable:

- Medicine like Inj. Dexamethasone, Antihypertensive drugs, Magnesium Sulfate, Mifepristone & Misoprostol, Oxytocin is available.
- Tab. IFA is given to the Mother Beneficiary as per requirement.
- Inj. Vit K, ORS, Zinc are available at the facility
- IV Fluids available in the Facility
- Birth dose vaccine like OPV, BCG, and HEP.B is given to all babies before discharge from facility.
- Antibiotics as per RMNCH+A 5\*5 matrices were found in the facility
- IV Sets & other consumables were found in the facility
- Inj. TT is available in facility

## AFHC:

- Space has been provided for establishment of AFHC Clinic at the facility.

Submitted By:

---

Dr. Irfan Suhail Shah, APM, Maternal Health, NHM, J&K

---

Shahnaz Shah, APM, RKSK, NHM, J&K

